

EMOTIONAL INTELLIGENCE AND TECHNOLOGY ADDICTION AMONG HIGHER SECONDARY SCHOOL STUDENTS

C.Kalaivani¹ & A. BlessingMary²

¹*Research Scholar, Department of Education, Mother Teresa Women's University, Kodaikanal, Tamil Nadu, India*

²*Assistant Professor, Department of Education, Mother Teresa Women's University, Kodaikanal, Tamil Nadu, India*

Received: 22 Dec 2017

Accepted: 10 Jan 2018

Published: 29 Jan 2018

ABSTRACT

Technology gives human beings good effects such as convenient everyday life. However, it also gives the people bad effects such as Technology Addiction. Among them, smart phone addiction has become severe these days especially to adolescent. In addition, many research works presented that female students are addicted more than male students. This study deals with the Higher Secondary School Students and how the Technology addictions affect their Emotional Intelligence of the students. It also deals with the gender differences among students on technology addiction. The sample deals with 120 higher secondary students in Vellore Districts.

Results of addiction were that Male had a higher internet addiction than female ones. Based on the above findings, some suggestions were proposed as a reference for practical applications and future research.

KEYWORDS: *Emotional Intelligence, Technology Addiction, Higher Secondary School Students*